

# Family Sextortion Response Plan

Sextortion is a scam that runs on speed and shame. You take both away by staying calm and moving in order. If this is happening now, work the checklist. If it isn't, fill in the agreement at the bottom tonight — before anyone needs it.

## IF IT'S HAPPENING RIGHT NOW — THE FIRST 60 MINUTES

- Say it first: "You're not in trouble. I'm glad you told me. We'll fix this together."
- Stop paying and stop replying. Paying does not make it stop.
- Don't delete anything — the chat is evidence.
- Screenshot it all (username, messages, threats, payment handles). Then block.
- Report inside Snapchat / Instagram, then block the account.
- NCMEC: [takeitdown.ncmec.org](https://takeitdown.ncmec.org) + [report.cybertip.org](https://report.cybertip.org) or 1-800-843-5678.
- FBI: [tips.fbi.gov](https://tips.fbi.gov) or 1-800-CALL-FBI (1-800-225-5324).
- Stay with your child. If they're in crisis, call or text 988.

## KEEP THESE NUMBERS IN YOUR PHONE (ALL FREE)

<b>988</b>	Suicide & Crisis Lifeline — call or text, 24/7
<b>1-800-843-5678</b>	NCMEC CyberTipline — <a href="https://report.cybertip.org">report.cybertip.org</a>
<b>Take It Down</b>	<a href="https://takeitdown.ncmec.org">takeitdown.ncmec.org</a> — free image removal for minors
<b>1-800-CALL-FBI</b>	FBI — or file at <a href="https://tips.fbi.gov">tips.fbi.gov</a>

## OUR FAMILY AGREEMENT

Our family code word is the one you can text me from anywhere. It means: "I'm in trouble and I need help right now, no lecture." When I get it, I help first and we talk later.

**Our code word:** \_\_\_\_\_

The promise: nobody in this house gets in trouble for asking for help. Ever.

\_\_\_\_\_  
Parent / guardian

\_\_\_\_\_  
Young person